

January 5, 2026

Overdose Alert.



Grey Bruce Public Health has been notified of 3 suspected drug poisonings that occurred Jan 3rd in Owen Sound and Port Elgin. In 2 cases, individuals believed they were smoking crack cocaine and became unresponsive and required naloxone. The crack cocaine had a yellowish tinge.

Follow these harm reduction practices:

- Don't use alone. Have a trusted, sober friend present. Call or text NORS 1-888-688-6677 if using alone.
- Get overdose prevention training & carry a naloxone kit.
- Take extra caution if mixing substances. Mixing substances can increase the risk of harm and drug poisonings.
- Go slow. Always start with a low dose and increase slowly, especially if trying something new or restarting use.
- Use only new supplies and avoid sharing supplies. This reduces the risk of getting or passing on an infectious disease. Supplies are available at GBPH and community partners.

Suicide Crisis Hotline: 9-8-8
Connex Ontario: 1-866-531-2600
Supportive Outreach Services (SOS): 519-379-8743
Rapid Access Addiction Medicine (RAAM) Clinic: 519-376-3999
National Overdose Response Service (NORS): 1-888-688-6677



Please remove by January 12th, 2026