

Dec 1, 2025

Overdose Alert.



Grey Bruce Public Health has been notified of 4 suspected drug poisonings that occurred Nov 27-29th in Owen Sound and West Grey. The suspected substances were hydromorphone in 2 cases and an unknown opioid in 1 case.

Follow these harm reduction practices:

- Don't use alone. Have a trusted, sober friend present. Call or text NORS 1-888-688-6677 if using alone.
- Get overdose prevention training & carry a naloxone kit.
- Take extra caution if mixing substances. Mixing substances can increase the risk of harm and drug poisonings.
- Go slow. Always start with a low dose and increase slowly, especially if trying something new or restarting use.
- Use only new supplies and avoid sharing supplies. This reduces the risk of getting or passing on an infectious disease. Supplies are available at GBPH and community partners.

Suicide Crisis Hotline: 9-8-8

Connex Ontario: 1-866-531-2600

Supportive Outreach Services (SOS): 519-379-8743

Rapid Access Addiction Medicine (RAAM) Clinic: 519-376-3999

National Overdose Response Service (NORS): 1-888-688-6677



Please remove by December 8, 2025